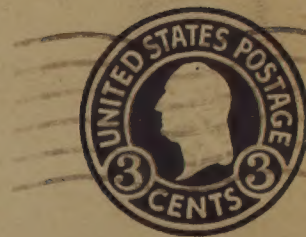
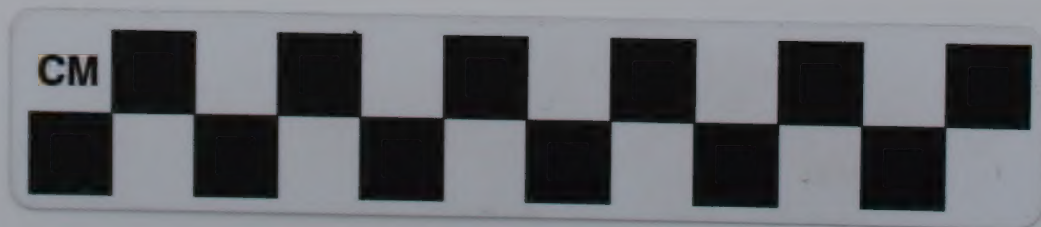
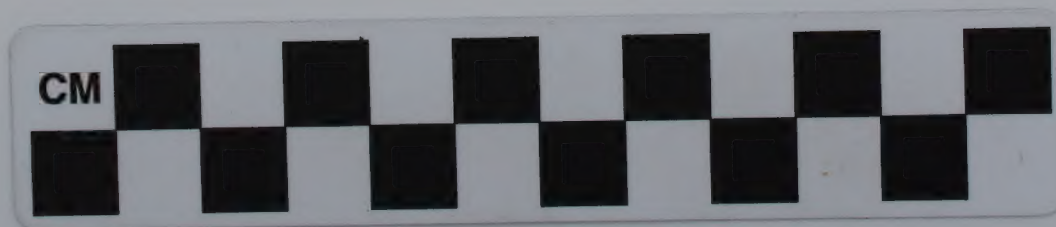
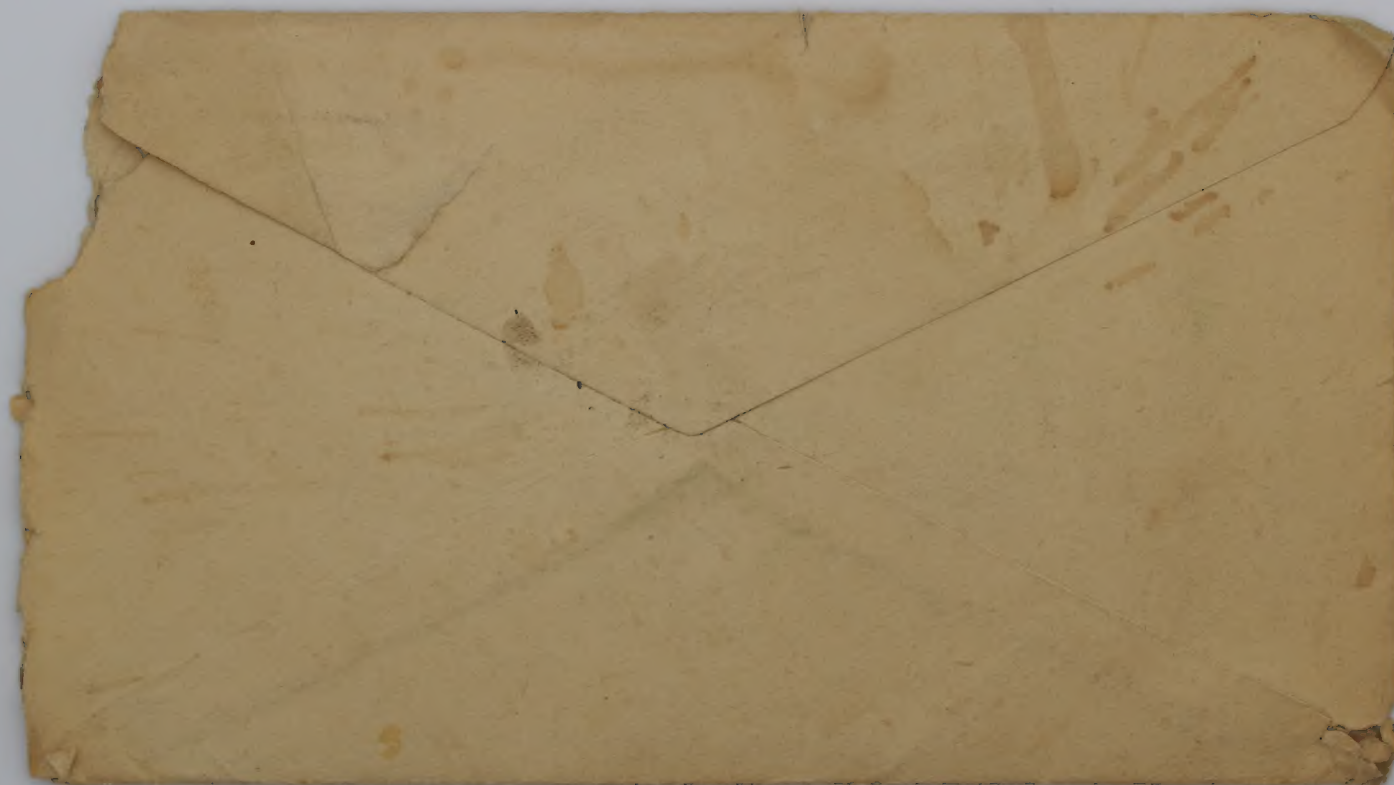


822 Oakland ave
Ann Arbor Mich



Mrs Edith H. Grady
Arcadia
Calif..

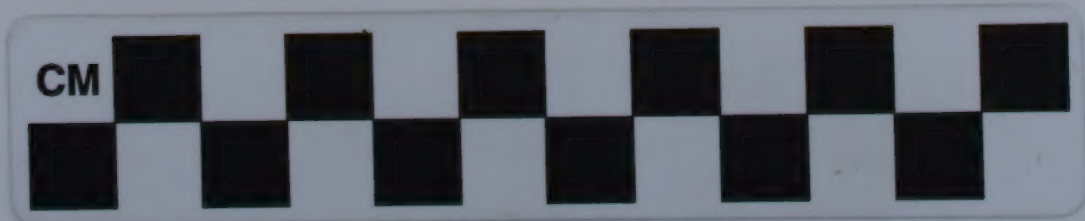




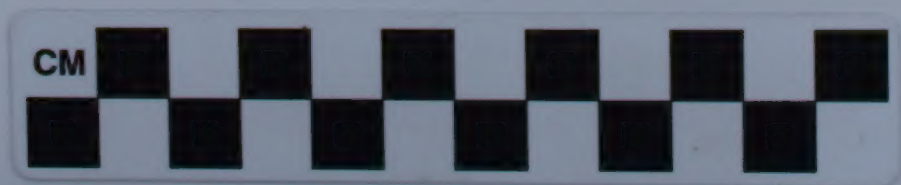
822 Oakland Ave.
Ann Arbor Mich.
Feb. 24-1918

My Dearest Cousin Edith -

Your letter
read, yesterday and I hasten to
reply, hoping my experience will
be of some little benefit. I was
told six years ago by a surgeon
graduate of Johns Hopkins, that
I had a fibroid tumor which was
causing flooding at periods and
that the only safety lay in an op-
eration. Well - I felt just like you
do about it - the uncertainty - lack
of reserve vitality - weak heart etc.



that was when I was in Asheville N. C. and
had put Alice in our Presby. Mission School so
I could rest a little. I tried Viar for
over a year faithfully but with no im-
provement. I accidentally picked up a
leaflet from my morning house table on
Osteopathy and the reasonableness of it
appealed to me, so I consulted a woman
~~practitioner~~ about six wks. before I left
for the north and took three treatments
each. Now that I've had such a splendid
doctor in Detroit - I can see that the first
one was not very skilful or else didn't
have very much hopes of saving me as my
liver was nearly hard and every thing
else was out of order, lips and gums
white. When my old friends saw me
after an absence of nearly 2 yrs - they
gave me about 3 mos. to live, so I heard
afterward. Dr. W. S. Garock in Detroit, I know
now, didn't have much hopes when she
undertook the case but she said one
never knows just what one can do -
and is often surprised at results. I had
read every thing I could get hold of on the
subject and was prepared for a long
term of treatment - as I realized that



health that had been 10 yrs. breaking down
& never good - could not be built up again
in a short time. O dear! wish I could tell
it instead of writing - takes so long & have to
leave out so much. Well - I couldn't have,
the proper relief from responsibility - Charles
deaf sister to make a house for & so hard to
manage as she had never been taught to
read etc. & incommittable bliss - another ^{Mr. Ferry}
product which has nearly driven me
wild & yet in spite of it all - weariness
& over-fatigued - I consider it a miracle
what Dr. Sperry has done for me - Straightened
~~double~~ curvature of spine - softened liver
set immovable - but bone - gave me better

My dearest Cousin Edith -
Your letter
received yesterday and I hasten to
reply, hoping my experience will
be of some little benefit. I was
told six years ago by a surgeon
graduate of Harvard University, that
I had a fibroid tumor which was
causing bending at forward and
that the only safety lay in ampu-
tation. Well, I felt just like you
at about it - the uncertainty - back
& nerve instability - weak heart etc.

822 Oakland Ave.
San Francisco, Mich.

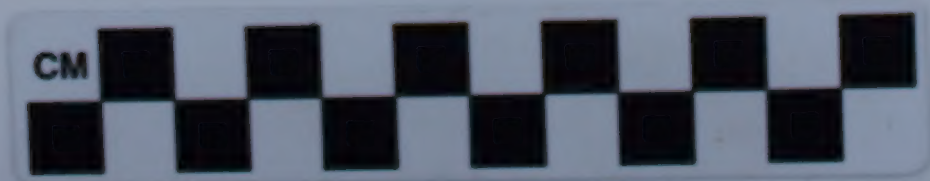
Feb. 24-1915

CM

color - reduced size of tumors & flow
& increased strength - cured head-
aches - aided digestion. My tumors
are interstitial which would mean
the removal of the uterus if cut out.
I understand now, the danger is -
if I do not have the proper rest and
peace of mind, the tumor is liable
to poison me, that is, be absorbed
faster than the body can take care
of it, so the Dr. has urged me
several times to have it out
if I can't do better although she
knows the probable outcome. They
always come back for treatment
with shattered nerves - adhesions
etc. In my case there is also
the chance of a hemorrhage and

CM

as Alice & her father do not seem to understand, I'll just have to take things into my own hands and will make some change this summer whereby I'll have a chance to get well - that is - if I live till then. Maybe I'd have taken the step sooner if I had understood the danger before this winter. What an awful winter it has been - we had below zero just a few days ago and I would not be surprised if we had a lot more of it before spring. I know this is an awful record and perhaps unintelligible but I couldn't wait a few days to be feeling better. The usual charge for treatments is 2⁰⁰ which is surely earned by my ill. & which is easier paid than a big hospital bill. Since moving to Ann Arbor - I go in once a wk. which adds a dollar or more car fare & usually to some shopping. Have been having a lot of dental work done in



I do hope you will be able to
consult the surgeon. Am sending
a few leaflets which may
help you to understand it
better. Any good. Oesterpath
will be glad to give you reading
matter. I'd let us know soon
how you are and what you
decide on.

Your Loving Cousin
Estella



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Your Loving Cousin
Esterella

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with shattered nerves - adhesions
etc. In my case there is also
the chance of a hemorrhage and

my dear Edith, as Etta has written you
in general while I was napping, I will
not need to add as much. One
feels a little confused after sleeping.
you asked about my "change period".
I really cant recall much of it,
save that I was very irregular at
times & flowed badly; now that was
about the time that L.C. left. I was
50, then. after a couple of years my
nerves got better & I missed periods
& finally saw no more?
dont think I would have minded it
as much if our home life had
been different, wish you had known
about osteopathy long ago;



It has not been very convenient for Estella
to go to Detroit every week - but she thinks
she would not be here now if it had not been
for her Dr. she certainly is a good one.
I have taken several treatments from her.
I had that kind of ... a year ago when
I was sick. Hope you can have an examination
by a good osteopath & know what the chances
would be for recovery through their treatment.
What don't a woman have to go through,
you ask about Harold. He filled out his questionnaire
and has been cleared by both. Says he may never
have to go, but if that time came he would
be willing to go.

This pen or paper is dreadfull

I had a letter from Ave about 3 weeks ago
she said she had to look after Mrs L for awhile
until they secured a nurse. She didn't say
how bad off she was, you know Ave is a C.S.
I had not heard about George's case.

If I had known your size I might have finished
that garment. It could be opened up if you
preferred it. I made Estella one like it,

Grace made me one that was quite pretty too.

& one of my sister-in-laws made me a R. home yoke.

I have crocheted several fancy bags.

I ought to be knitting for soldiers, but don't think

CM

I could follow the Red Cross directions.

I made booties for my youngest granddaughter.

Graces baby. They have moved into their new home.

We still have cold weather. I went to church this
a.m.

now if you are not able to write, can not your daughter
write us? I do hope & pray that you may come
out of this more than conquer.

I had a letter from Tom Hartough's wife. They have had the
Grippe. Ray is married & has had his questionnaire to fill
out. They hadnt heard results yet.

Well I must close & get this off.

Hope you are more comfortable now.

your Anxious

Loving Aunt.



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